



## COVID-19 HOCKEY GUIDELINES

Revised: August 19, 2020

The Albany County Hockey Facility (ACHF) will open 10 minutes prior to the scheduled on ice time. Anyone arriving earlier than 10 minutes before their start time MUST wait outside of the ACHF and be socially distanced from others.

Players or coaches with any risk factors or illnesses should not participate in any on-ice activity. Any players or coaches exhibiting symptoms or signs of an illness should not be in the ACHF at any point.

Families MUST provide coach/instructor with accurate contact information in the event of emergency while the player is at the ACHF. This information MUST be accurate and the responsible party MUST be able to reach the designated person if the need arises.

Players should be bringing their own rehydration liquids to the ACHF in clearly marked or labeled containers with the player's identity. The container should be re-sealable. Players should NOT plan on refilling their containers at the ACHF.

All players and staff MUST wear a mask when entering and exiting the ACHF...NO EXCEPTIONS.

All players MUST enter the ACHF completely dressed (minus: helmets & skates). Exceptions may be made for goalies, who may need to put on additional equipment at the ACHF.

Hockey bags are NOT permitted in the ACHF.

Players will be assigned a seating row where they will put their skates and helmets on prior to going on the ice. Locker rooms and showers will be locked.

Whenever possible, players should use the restroom at home prior to leaving for the ACHF in an effort to limit bathroom use at the ACHF.

No off ice interaction (socializing, team meetings, dryland activities, etc.) should occur prior to or following the conclusion of practice.

Players MUST remove skates and helmets and put their masks on and leave the ACHF within 10 minutes of the end of practice.

Parents/Guardians must be made aware of the time when the players will be done. The parents or person assigned to pick up players at the ACHF must be punctual. Players should not have to wait for a ride.

Coaches or other responsible adults should remain until all players are safe and removed from the ACHF.

Parents/Guardians will NOT be allowed in the ACHF.



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## Player & Staff Health Screening:

Please have this form completed prior to your arrival to the Albany County Hockey Facility

Have you had any of these symptoms in the last 48 hours?

- Cough - **YES / NO**
- Shortness of breath or difficulty breathing - **YES / NO**
- Fever - **YES / NO**
- Chills - **YES / NO**
- Repeated shaking with chills - **YES / NO**
- Muscle pain - **YES / NO**
- Headache - **YES / NO**
- Sore throat - **YES / NO**
- New loss of taste or smell - **YES / NO**
- Have you been in contact with someone who has tested positive for COVID-19 in the last 14 days? **YES / NO**
- Have you travelled to any state(s) on the New York State Restricted List in the last 14 days? **YES / NO**
- Have you participated in any unsanctioned: tournaments, games or scrimmages in the last 14 days? **YES / NO**

If the answer is YES to any of these questions, please DO NOT ENTER!

If you answer NO to all questions, you will have your temperature taken with a no-touch thermometer.

If you have a temperature greater than 99.9, you will not be allowed to enter the facility.

Anyone entering a County building MUST have a face covering on. If you do not have one, please notify security or your supervisor.

Name:	Cell Phone:		
Parent/Guardian	Cell Phone:		
Address:			
Street:	City:	State:	Zip:
Group Skating With:	On Ice Time:	Date:	